



Life Rescue Training

American Heart Association Training Site Equipment Maintenance/Decontamination Policy

It is the policy of the Training Site (TS) to use equipment that has been properly decontaminated according to the AHA BCLS Instructor Manual. All equipment and manikin decontamination will take place in the back work area of the TS.

When instructors return leased equipment, the instructor is responsible for cleaning all equipment borrowed according to the AHA guidelines (section 1-91 to 1-94 BLS Instructor Manual). The TS will then decontaminate the equipment according to the AHA guidelines to ensure proper decontamination prior to restocking and use of the equipment.

The following procedure is necessary to minimize risk of infectious disease transmission during training:

1. Follow carefully all the manufactures' recommendations and provisions for sanitary use of manikins.
2. Instructors should ask participants to postpone CPR training if they are known to be in active stages of an infectious disease or have lesions on their hands or mouth area.
3. Instructor and participants in CPR should practice good hygiene by washing their hands before handling manikins and avoid eating during class.
4. Manikins should be inspected routinely (monthly) for signs of physical deterioration, such as cracks or tears in plastic surfaces, which make careful cleaning difficult. Each manikin's hair and clothing should be washed monthly or if obviously soiled.
5. Manikins should be cleaned as soon as possible following the end of each class to avoid developing contaminants on manikin surfaces. All surfaces should be initially scrubbed with a detergent solution and a brush. Reusable face shields and non disposable manikin loose parts should then be soaked in a solution of $\frac{1}{4}$ cup of liquid household bleach per gallon of tap water for 10 minutes. Then reusable parts should be allowed to dry.

By carefully following the above guidelines, the instructors will provide participants with a clean low risk equipment/environment for learning the skills of CPR.