



2020 GUIDELINES

NEWS FROM THE AMERICAN HEART ASSOCIATION

August 31, 2020

Dear Global AHA Training Network,

This week, as we prepare you for the release of the *2020 AHA Guidelines for CPR and ECC* on October 21, 2020, we are pleased to share information about the **2020 AHA Guidelines Instructor Update eLearning Courses**.

As part of our aggressive efforts to bring science to life, 2020 AHA Guidelines Instructor Update eLearning Courses, **complimentary for all AHA Instructors**, will be available through your Instructor access to the AHA Instructor Network **on October 21, 2020 – the same day the 2020 Guidelines are released!** These eLearning courses will provide AHA Instructors necessary updates on new science and key changes that will be published in the *2020 AHA Guidelines for CPR and ECC*.

Interim Training Materials will also be available to Instructors and Training Centers through the AHA Instructor Network to show you where to incorporate the new science into your courses until you begin teaching with the new course materials.

Instructor Update Requirements for Instructors and AHA Faculty

All AHA Instructors and Faculty must complete their required Instructor Update(s) by **February 1, 2021**, to continue teaching or overseeing AHA courses. Instructor Updates will be available in the following disciplines: BLS, ACLS (for ACLS and ACLS EP Instructors), PALS, PEARS, and Heartsaver. An Instructor Update must be completed for each discipline taught. For example, AHA BLS Instructors must complete the BLS 2020 Instructor Update, and those BLS Instructors who teach Heartsaver® courses must also complete the Heartsaver 2020 Instructor Update. For PALS Instructors who teach PEARS®, completion of the PEARS 2020 Instructor Update is recommended, but not required.

Training Center Coordinators also have access to these courses, as they are a first line of support for their Instructors. However, TCCs who are not Instructors are not required to complete Instructor Updates.

Transition Timeline: Teaching 2020 AHA Guidelines Courses Using New Materials

All AHA Instructors and Training Centers will have until **February 1, 2021**, to begin teaching the new, 2020 Guidelines healthcare courses (BLS, ACLS, PALS) using new materials. To introduce AHA Instructors to the new courses and materials, the AHA will offer complimentary, online **Product & Course Orientations** for BLS, ACLS, and PALS. These orientations will also be available to Instructors and TCCs through their access to the AHA Instructor Network.

We are committed to continuing to provide our valued AHA Training Network crucial information that will

help you continue to deliver and enhance lifesaving training as we get closer to the *2020 AHA Guidelines for CPR and ECC* release in October. Please continue to visit the [Science & Guidelines](#) page on the AHA Instructor Network for the latest 2020 AHA Guidelines news and resources for the AHA Training Network.

As always, we thank you for your commitment to our shared mission of saving lives.

Sincerely,
American Heart Association CPR & Emergency Cardiovascular Care