

BASIC LIFE SUPPORT (BLS)

HEALTHCARE PROVIDER

The AHA's Course provides the foundation for saving lives from cardiac arrest. It teaches both single-rescuer and team basic life support skills for application in both prehospital and in-facility environments, with a focus on high-quality CPR and team dynamics.

WHO SHOULD TAKE THE COURSE

Healthcare professionals and other personnel who need to know how to perform CPR and other basic cardiovascular life support skills in a wide variety of in-facility and prehospital settings.

COURSE DELIVERY

BLS can be delivered in 2 formats to meet the needs of students and offer flexibility for instructors. All formats include the same learning objectives and result in the same course completion card.



CLASSROOM

Instructor-led Training - Instructors deliver both the cognitive portion of training and the psychomotor component of thorough skills, practice and testing in a classroom setting.



BLENDED

Blended Learning HeartCode BLS - This format includes a combination of eLearning, in which a student completes part of the course in a self-directed manner, and a hands-on session.



COURSE COVERS

HIGH QUALITY CPR

CHAIN OF SURVIVAL

EARLY AED USE

EFFECTIVE VENTILATION

IMPORTANCE OF TEAMS



2020

CPR & ECC
GUIDELINES

WWW.LRTI.ORG

404.734.1380

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HEARTSAVER FIRST AID, CPR AED



The latest science says quick action, quality training, use of mobile technology, and coordinated efforts can increase survival from cardiac arrest, a leading cause of death in the United States. The course provides the knowledge and skills that may help save a life. It offers best practices to students the best possible learning experience to help them better retain the information.

WHO SHOULD TAKE THE COURSE

Heartsaver courses are intended for anyone with little or no medical training who needs a course completion card for job, regulatory, or other requirement. These courses can also be taken by anyone who wants to be prepared for an emergency.

COURSE DELIVERY

HS courses can be delivered in 2 formats to meet the needs of students and offer flexibility for instructors. All formats include the same learning objectives and result in the same course completion card.



CLASSROOM

Instructor-led Training - The courses feature group interaction and hands-on coaching and feedback from an AHA Instructor. Classroom courses may be conducted onsite at the company's location or at a local training center or site.



BLENDED

Blended Learning - This format includes a combination of eLearning, in which a student completes part of the course in a self-directed manner, and a hands-on session.



COURSE COVERS

ADULT CHILD INFANT CPR

BASIC EMERGENCIES

ENVIROMENTAL ISSUES

USE OF AED

OPIOID EMERGENCIES

RELIEF OF CHOKING



2020

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HEARTSAVER FIRST AID



The updated 2020 guidelines for First Aid reaffirms the goals of first aid, which is to reduce mortality by alleviating suffering, preventing further illness or injury, and promoting recovery. The scope of first aid has been expanded, particularly for control of severe bleeding. First Aid can be initiated by anyone, in any situation, including self-care.

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COURSE COVERS

FIRST AID BASICS

BASIC EMERGENCIES

ENVIROMENTAL ISSUES

PREVENTING INJURY

MEDICAL EMERGENCIES

RELIEF OF CHOKING



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HEARTSAVER CPR & AED

According to the 2020 guidelines update, CPR training helps people learn the skills and develop the confidence to provide CPR when encountering a cardiac arrest victim. And while AEDs can be used by the public regardless of whether the responder has been trained, even minimal training improves performance, timeliness, and efficacy.

WHO SHOULD TAKE THE COURSE

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COURSE COVERS

ADULT CHILD CPR

INFANT CPR

RELIEF OF CHOKING

USE OF AED

OPIOID EMERGENCIES



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HEARTSAVER PEDIATRIC

The Heartsaver Pediatric First Aid CPR AED course is designed to meet the training needs of childcare providers in almost all US states, while also being a comprehensive resource for parents, grandparents, teachers, babysitters or anyone responsible for the safety of children. Combining online and hands-on skill components, this one-stop-shop course teaches childcare providers and parents critical first aid, CPR and AED skills.

WHO SHOULD TAKE THE COURSE

Companies with a workforce where the skills will prove invaluable for the safety of children or anyone that desires to be prepared for an emergency in any setting.



COURSE DELIVERY

HS courses can be delivered in 2 formats to meet the needs of students and offer flexibility for instructors. All formats include the same learning objectives and result in the same course completion card.



CLASSROOM

Instructor-led Training - The courses feature group interaction and hands-on coaching and feedback from an AHA Instructor. Classroom courses may be conducted onsite at the company's location or at a local training center.



BLENDED

Blended Learning HeartCode BLS - This format includes a combination of eLearning, in which a student completes part of the course in a self-directed manner, and a hands-on session.



COURSE COVERS

CHILD INFANT CPR

BASIC EMERGENCIES

ENVIROMENTAL ISSUES

MEDICAL EMERGENCIES

USE OF AED

RELIEF OF CHOKING

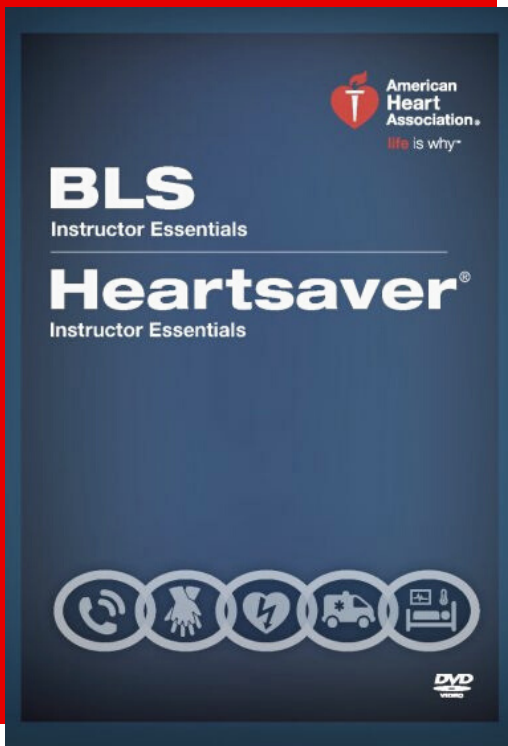


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INSTRUCTOR COURSES



The course educates instructor candidates on how to adequately use AHA Instructor teaching materials and follow AHA Instructor and course policies. It will provide core information about teaching course-specific information, and the components of the instructor cycle: It will prepare, teach, test, and remediate the instructor candidate. Upon completion of the course, Instructors can teach the BLS Provider Course, the HeartCode BLS Hands-on session, and any course with the Heartsaver portfolio.

WHO SHOULD TAKE THE COURSE

This course must be completed by candidates who wish to become AHA Instructors, and complete the steps required.

COURSE DELIVERY



CLASSROOM



BLENDED

the BLS and Heartsaver Instructor Course is taught in a blended learning format. AHA Instructors candidates must complete the online portion, followed by the hands-on-session conducted by BLS Training Center Faculty. Prior to taking this course, candidates must have a current provider course completion card for the specific course.



COURSE COVERS

COURSE INFORMATION

TEACHING CYCLE

CHAIN OF SURVIVAL

EFFECTIVE TRAINING

IMPORTANCE OF TEAMS

POLICY & PROCEDURES



**American
Heart
Association** €

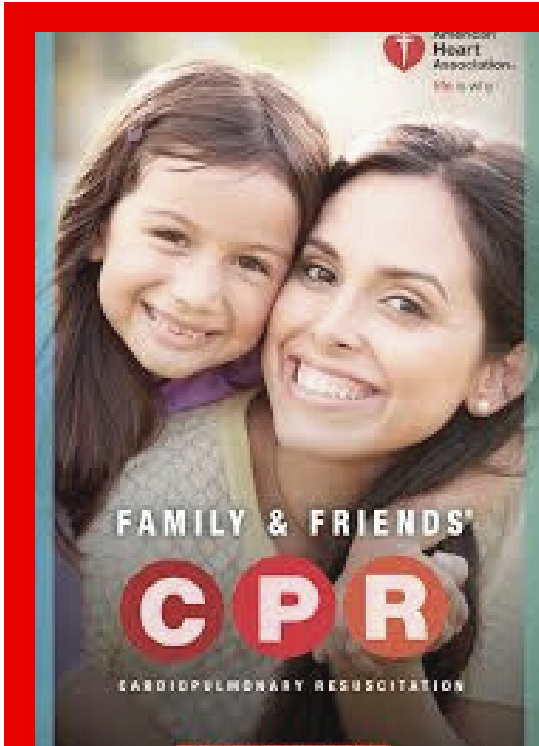
life is why™

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FRIENDS AND FAMILY



The Friends & Family CPR course is intended for anyone who wants to learn CPR in a group environment and does not need a course completion card for a job or other requirement. It is ideal for community groups, parents, grandparents, caregivers, schools and students, and others interested in learning how to save a life.

WHO SHOULD TAKE THE COURSE

Local communities and companies with a workforce where the skills will prove invaluable for safety concerns and desire to be prepared for any health concern that do not require professional skills.

COURSE DELIVERY



Instructor-led Training - The courses feature group interaction and hands-on coaching and feedback from an AHA Instructor.



The Anytime Package - offers everything needed for people to learn basic adult and child CPR skills anytime and anyplace without an instructor.

The kit includes a DVD featuring practice-while-watching, an inflatable Mini Anne manikin, a CPR reminder card, replacement manikin lungs, and 2 manikin wipes.



COURSE COVERS

ADULT CPR

CHILD CPR

USE OF AED

RELIEF OF CHOKING



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HANDS-ONLY CPR

IN AN EMERGENCY WHEN EVERY SECOND COUNTS, WOULD YOU KNOW WHAT TO DO?

CPR CAN DOUBLE OR TRIPLE A PERSON'S CHANCE OF SURVIVAL



Hands-Only CPR

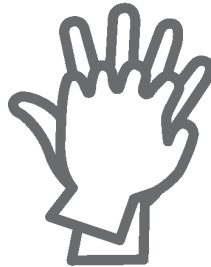
CPR CAN DOUBLE OR EVEN TRIPLE A PERSON'S CHANCE OF SURVIVAL

Learn the two simple steps:

1 Call 911



2 Push hard & fast in the center of the chest



To learn, watch the 90-second Hands-Only CPR video at heart.org/handsonlycpr



#CPRSAVESLIVES

heart.org/handsonlycpr

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BE THE ONE TO MAKE A DIFFERENCE



LIFE RESCUE, LLC
BE PREPARED, LEARN CPR

TWO STEPS

TO STAYING ALIVE



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